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**GENETICS & IVF**  
*Institute*



# Welcome to the Genetics & IVF Institute (GIVF)

We appreciate your interest and invite you to explore our program.

The strength of any donor egg program lies in three key areas:

- Superior level of clinical care provided by expert physicians and clinical staff
- Diverse range of quality donors
- Outstanding success rates

At GIVF, we combine excellence in each of these three areas to offer the finest donor egg treatment available anywhere.

Donor egg IVF opens up a world of possibilities and new hope for those who have struggled to conceive. Our donor egg IVF program is among the most comprehensive and successful in the nation. In addition to impressive success rates, we give patients maximum control over every aspect of their treatment, including donor selection, financial options, and pace of treatment.

Since our inception in 1984, the Genetics & IVF Institute has helped thousands of couples from around the world realize their dream of having a baby. It is our sincere wish that you will be our next success story.

*Life begins at the Genetics & IVF Institute*

PERSONALIZED CARE IN A  
COMFORTING ENVIRONMENT, FROM THE  
MOMENT YOU WALK IN THE DOOR



*“We felt as though all staff  
we interacted with treated us  
as unique individuals with a  
unique case rather than as  
a number.”*



# Highly trained staff with a human touch



## Continuity of Care

From the moment you step into our beautiful, spacious facility on through every step of your treatment, you will experience unparalleled commitment to your care. Quality healthcare with a “human touch” is what you can expect each time you visit GIVF.

The GIVF philosophy to providing you quality care uses a primary care approach. You will be assigned a physician and donor egg coordinator who will partner with you throughout the entire process. Unlike larger practices, you can count on the same team to care for you every step of the way. Our focus on individualized care will provide you with every level of support you need to achieve your dream.

## Expert Physicians

Our fertility physicians are all board-certified reproductive endocrinologists, each with many years of professional experience. Their expertise and experience have helped thousands of patients worldwide achieve their goal of building happy, healthy families.

Our physicians are, or have been, faculty members at some of the leading medical schools in the country. Their combination of medical practice and academic experience keep them on the cutting edge of healthcare and in touch with their patients’ needs. For more information and to read our physicians’ biographies, please visit our website.

*“My doctor was very patient, understanding, and sympathetic to my particular situation and offered every type of help and assistance that one had available.*

*Thanks!”*



*“Throughout it all, our coordinator was a constant source of support and encouragement. Her patience and dedication were exemplary, answering all my questions promptly and sometimes just lending me a sympathetic ear. I felt that she was holding my hand every step of the way.”*

## Compassionate Donor Egg Coordinators

You can count on your donor egg coordinator to be your single point of contact throughout your fertility treatment. Working along with your physician, your coordinator will know everything about your treatment plan. If not immediately available, your coordinator will always respond promptly and support you while working through any issue. Many emotions and logistical challenges can often arise in fertility treatment, but rest assured that your coordinator will help you through every step.

Our commitment to integrated treatment extends to the egg donor you select (or a known donor if you so choose). It is important to note that GIVF does not use an outside egg donor agency. Rather, we meet all of your needs under one roof. GIVF uses highly selective criteria in choosing egg donors so that we can offer you the highest quality selection possible. Each of our coordinators has extensive knowledge of the available donors and can assist you in your search.

One of the most important tasks your coordinator will provide for you is working closely with you and your donor to ensure a well-coordinated cycle. Our donors are personally committed to your cycle’s success and we are just as committed to caring for them as we are for you.

## Emotional Support

As an integral part of this “human touch,” we also provide patient support, education, and counseling with a licensed therapist who is herself, a donor egg mother. Her unique perspective of professional and personal experience lends her an insightful level of compassion that many patients find helpful. One-on-one patient support is available for individuals and couples, and support groups meet regularly.

We understand that fertility treatment is a complex journey that is a uniquely different experience for each individual. Our commitment to helping you realize your dream includes providing you personalized care that will fit your individual lifestyle and choices. We are here to provide you with all the tools, information, and support you need to achieve your dream. We are here for you on a professional and personal level throughout your entire journey.

A large, diverse  
pool of donors  
immediately  
available for you



## More Donor Information than Any Other Program

At GIVF, we are confident that you will find an egg donor who is an ideal match for you. Our donor pool is extensive, diverse, and pre-screened. Many donors are immediately available. Our patients are able to search for a donor based on a number of criteria, some of which include:

- Current and childhood photos
- Physical attributes such as height/weight and eye color
- Ethnicity
- Educational background
- Scholastic Aptitude Test (SAT) scores and grade point averages
- Occupation
- Family medical history
- Personal Essay
- Audio interviews
- Personality typing

*“The selection of donors is impressive and the GIVF program offers audio interviews and current photos. This adds to the comfort level as a couple goes about choosing a donor. I still haven’t figured out why the other clinics are behind the curve in this area.”*



*actual donors*

*“At times I can hardly believe that there are people out there, like my donor, who are so kind as to give so much of themselves to make our dreams come true. Words cannot express my gratitude enough to her.”*

GIVF egg donors are healthy, accomplished women between the ages of 19 and 34. With a diverse array of attributes, they are college-educated and have good family health histories.

Before a donor is accepted into the GIVF program, they undergo an extensive evaluation process. This includes screening interviews, psychological examinations, and medical screening by a geneticist and a reproductive endocrinologist. Only a small percentage of women who apply to become egg donors are accepted into the program. By the time you read a donor’s profile, she is available to you without any further testing. You can also rest assured she is committed to your success. While your donor egg coordinator will assist you through the donor selection process, the choice is ultimately yours.

To learn more about the donors, feel free to search the GIVF online donor database by visiting: <http://www.donoregg1.com>. Please note that in order to protect our donors’ privacy, this website will only give you access to donors’ childhood photos. You will have access to donors’ adult photos once you are a GIVF patient.

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## **GIVF egg donors are tested extensively for:**

- HIV
- Hepatitis
- Sexually transmitted diseases such as syphilis, gonorrhea, chlamydia
- Full chromosome analysis (karyotype)
- DNA testing for Cystic Fibrosis and Fragile X
- Appropriate genetic testing based on genetic risk factors such as sickle cell, Tay Sachs, Gaucher’s, and Canavan disease
- Fertility evaluation and hormone testing

Many GIVF donor egg IVF patients get pregnant on the very first attempt



## Committed to Your Success

Put simply, the vast majority of patients in our donor egg IVF program achieve pregnancy.

Our unique combination of quality healthcare, cutting edge science, and clinical excellence gives patients superior odds of having successful outcomes. During your consultation, your physician will discuss the statistics with you and review how these numbers relate to the probability of your pregnancy.

As the first outpatient fertility clinic in the United States, GIVF has been a leader in the development or early adoption of the latest technologies in the fertility field. That legacy continues today in the fields of embryo and egg freezing (vitrification), as well as genetic testing.

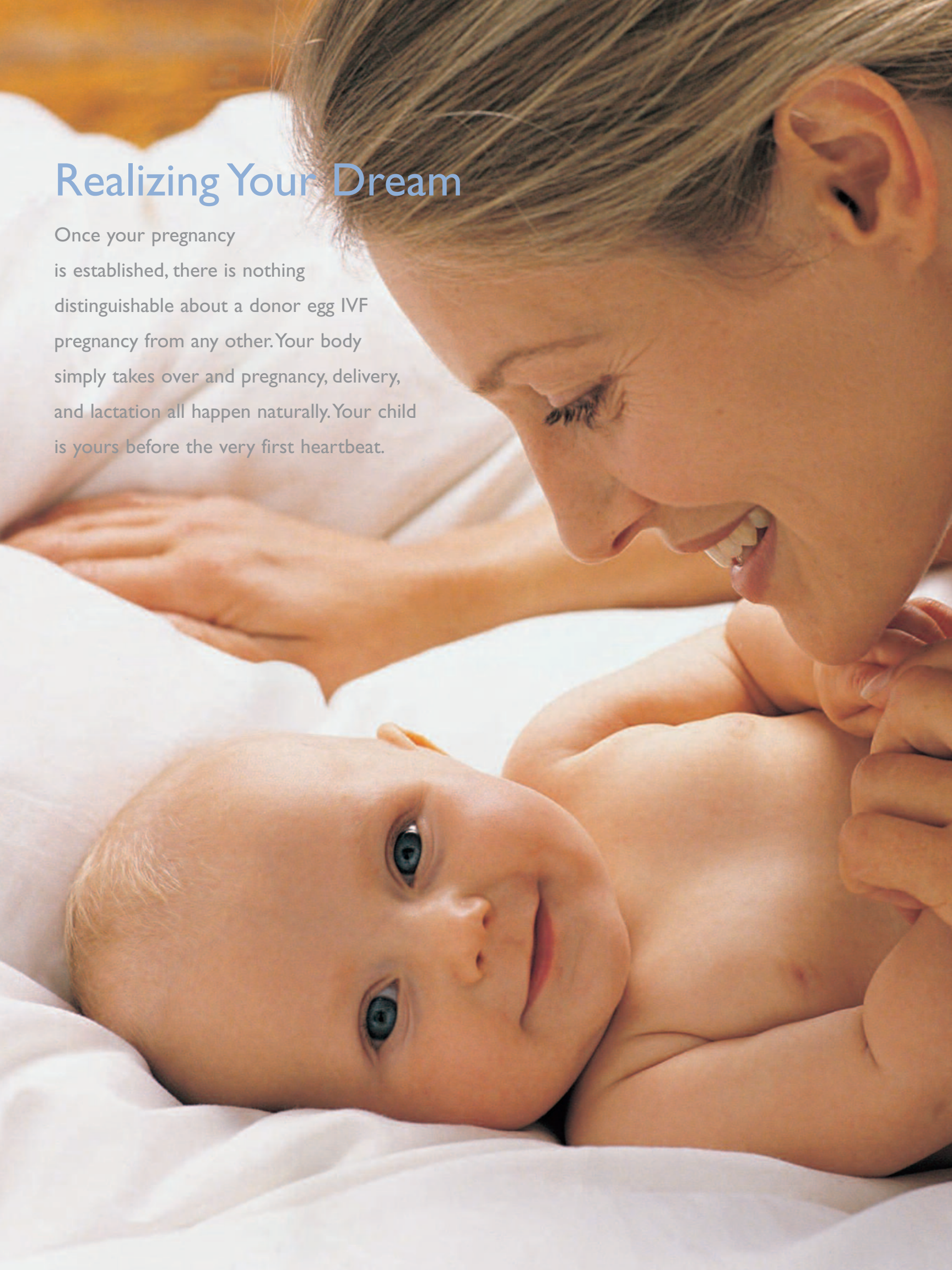
In addition to our state-of-the-art embryology lab, we are one of the few fertility clinics to operate our own Preimplantation Genetic Diagnosis (PGD) and molecular genetics labs under the same roof. These services are available to you and can be provided seamlessly along with donor egg IVF.

GIVF is also a leader in the field of donor gametes. We are the only clinic in the country with both donor egg and donor sperm programs, which enables us to comprehensively meet all of your fertility needs.

*“I have and will continue to recommend friends to GIVF. It is with great appreciation and enthusiasm—I sing your praises. We have a beautiful son thanks to your team.”*

# Realizing Your Dream

Once your pregnancy is established, there is nothing distinguishable about a donor egg IVF pregnancy from any other. Your body simply takes over and pregnancy, delivery, and lactation all happen naturally. Your child is yours before the very first heartbeat.



# Getting started

- 1.** Schedule an initial consultation with one of our board-certified reproductive endocrinologists. Depending on your preference, this can be conducted in-person or by phone. Your physician will review your medical history and order appropriate “pre-cycle” testing at that time.
- 2.** Following your consultation, you will meet your donor egg coordinator. Working in conjunction with your physician, your coordinator will assist you with the donor selection process. Your coordinator will work with you throughout the entire donor egg treatment process, including donor selection, cycle coordination, egg retrieval, and transfer of embryos.
- 3.** Begin your pre-cycle testing. These tests often include a uterine evaluation, hormone testing, infectious disease testing, and semen analysis. Additional tests may be required depending on your specific circumstances.
- 4.** Select one or more possible donors.
- 5.** Schedule a follow-up consultation with your physician to review your pre-cycle test results. Your physician will recommend a treatment plan at this time.
- 6.** The donor match is finalized when the pre-cycle testing and physician follow-up are completed, your selected donor is available, and you decide you are ready to start a donor cycle.
- 7.** Based on you and your donor’s menstrual cycles and any schedule conflicts, your coordinator will provide you with your “calendar.” The calendar is a list of dates and instructions for medications, as well as a schedule for blood work and sonogram testing to monitor your response to the medications.
- 8.** The cycle is initiated after you and your donor’s “baseline” blood work and sonogram show that physiological parameters are ready to begin medication. Egg retrieval takes place approximately 10-14 days after cycle initiation. Embryo transfer will happen 3-5 days later, and pregnancy test will be done 9-11 days after embryo transfer.



*GIVF understands that most donor egg patients are eager to start treatment.*

*GIVF eliminates delays and administrative barriers so that patients can proceed to treatment quickly. The time frame may vary based on pre-cycle testing, compatibility with the donor’s schedule, and other factors, but the time between choosing a donor and embryo transfer is short for most patients.*

*Patients who have had traditional IVF will find that donor egg is a far easier treatment.*



# A typical donor egg IVF cycle calendar

<b>DAY</b>	<b>DONOR RECIPIENT</b>	<b>EGG DONOR</b>
<b>First week of period</b>	Begin birth control pills. Continue daily as directed.	Start birth control pills daily.
<b>7-21 days after starting birth control</b>	Daily Lupron injections begin. Continue birth control pills.	Lupron injections begin.
<b>4-7 days after starting Lupron</b>	Take last birth control pill as directed. Continue Lupron injections daily.	Take last birth control pill. Continue Lupron.
<b>5-10 days after taking last birth control pill</b>	Baseline blood work and ultrasound. If normal, start Estrace to develop the endometrial lining of the uterus.	Baseline blood work and ultrasound. If normal, start gonadotropins to stimulate follicular development.
<b>Day after baseline</b>	Decrease Lupron dosage as directed. Continue Estrace as instructed.	Continue FSH. Decrease Lupron. Periodic blood work and ultrasounds to evaluate follicular growth over the next 7-12 days.
<b>5 days after starting Estrace</b>	Have blood work done to monitor estradiol level. Adjust dose and continue Estrace and Lupron.	Continue FSH. Decrease Lupron. Periodic blood work and ultrasounds to evaluate follicular growth.
<b>9 days after starting Estrace</b>	Have ultrasound and blood work to assess thickness of endometrial lining.	Continue FSH. Decrease Lupron. Periodic blood work and ultrasounds to evaluate follicular growth.
<b>Approximately 2-7 days after Estrace day 9 evaluation</b>	Final blood and ultrasound appointment Only when directed to do so, discontinue Lupron. Continue Estrace. Start Progesterone. Start Doxycycline. Husband provides semen sample on morning of retrieval.	Approximate Donor Retrieval Day.
<b>3-5 days after starting progesterone</b>	Embryo transfer day. Continue Estrace, Progesterone, Doxycycline. Bed rest for 24 hours after transfer.	Restart Lupron to suppress hormones.
<b>14 days after starting progesterone</b>	Pregnancy test. If positive, repeat in 3-7 days as directed.	

Conveniently  
located near the  
Washington, DC  
beltway and airports



**3015 Williams Drive, Fairfax, VA 22031  
(703) 698-7355**

From Interstate 495 (Beltway) take Exit 50 to Route 50 West (Arlington Boulevard). Go through the underpass under Gallows Road then turn right at the first stoplight onto Williams Drive.

From Fairfax, Burke, Manassas, and Chantilly take Route 50 East. Turn left onto Williams Drive (third light after Prosperity Avenue). Clinic patients should take the elevator to the 3rd floor.

For directions to Dulles International Airport or Reagan National Airport go to [www.mwaa.com](http://www.mwaa.com).

**11300 Rockville Pike, Suite 612  
North Bethesda, Maryland 20852  
(301) 357-8866**

From Baltimore (and points north) take I-95 South toward Washington, DC, then merge onto I-495 West via Exit 27 toward Silver Spring. Take Exit 34 and continue on Rockville Pike/Route 355 North, turn left on Security Lane, One Central Plaza will be on the left hand side. There is a parking garage\* available in the same building, as well as metered street parking nearby.

\*GIVF is happy to validate parking for patients.

*“Hope at last! I couldn’t believe how easy it was to  
conduct a cycle long distance. On our first try with GIVE,  
I became pregnant.”*

